



Helping everyone affected by Multiple Sclerosis in Northamptonshire

Northamptonshire MS Society's support group was set up in 1965 by a small group of people wanting to reach out to anyone affected by MS in our region.

Today we have around 20 volunteers offering practical, as well as emotional support. Our work was recently recognised at the MS Society Awards 2019, when we were named Best Support Group in the UK.

We're constantly campaigning to raise awareness and the money needed to provide our services, all of which are paid for by the generous efforts of fundraisers like you.

Could you help us continue to offer this support by taking part in the Northampton Half Marathon? Some of the services you could be helping us provide include:

- A local helpline so there's always a friendly ear and someone to talk to
- Friendship & support at our many regular clubs, social events, exercise and activity classes
- Grants to help towards equipment, adaptations and respite breaks
- Dedicated Citizens Advice Bureau team offering confidential and impartial help & advice
- Literature offering news on everything from research & treatments to local events & services
- Information events and awareness talks

Click here to run and support the MS Society

We're here for everyone, whether you have MS yourself or know someone who has it, whether you are a carer, a relative or a friend. Together we're always stronger.

