



Supporting the wellbeing
of Northamptonshire's
young people

The Northampton Half Marathon Sunday 9th September 2018

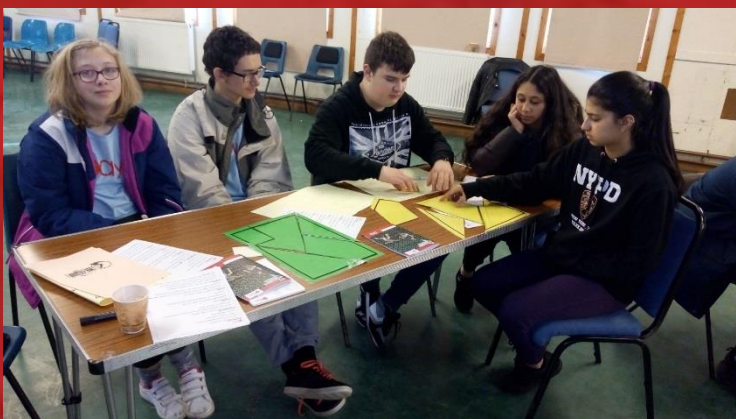
Love a challenge? The Northampton Marathon is back for its 5th year and we need you to dust off those trainers and run to support the wellbeing of young people in Northamptonshire.

The race starts in the town centre and finishes in the lovely parkland of the newly refurbished Delapre Abbey

If you run for us, your entry place will be free and all we ask is that you raise a minimum of £100 in sponsorship.

You can find more information and register to run for us here:

http://northamptonhalfmarathon.co.uk/NAYC_charity_page



NAYC works to develop the physical, spiritual and mental wellbeing of Northamptonshire's young people

This is achieved by providing support, training and activities to over 16,000 young people a year via a network of 350 youth clubs.

NAYC youth leaders deliver a wide variety of activities ranging from craft & sport sessions to mental health workshops and residential training weekends for young people with leadership potential.

NAYC also provides training for club leaders on topics including first aid, dealing with challenging behaviour and safeguarding.

Your sponsorship will go directly towards supporting Northamptonshire's young people to become the best they can be and develop into well-rounded adults, able to cope with life's challenges.